

# 365 Dance: December

Words documented in December 2014 by Jill Randall

<b>Date</b>	<b>Word(s)</b>	<b>Inspiration</b>
December 1	<b>prioritize daily movement practice</b>	
December 2	<b>aging/growing/learning</b>	
December 3	<b>self-reflection/discussion</b>	
December 4	<b>audience</b>	
December 5	<b>growth</b>	
December 6	<b>“in the space together”</b>	Elizebeth Randall
December 7	<b>future generation of dancers</b>	
December 8	<b>real time</b>	
December 9	<b>make/making</b>	
December 10	<b>swing &amp; fold</b>	Abigail Hosein

# 365 Dance: December

Words documented in December 2014 by Jill Randall

<b>Date</b>	<b>Word(s)</b>	<b>Inspiration</b>
December 11	<b>freedom</b>	
December 12	<b>creative problem solving</b>	
December 13	<b>warming up</b>	
December 14	<b>open spine</b>	Randee Paufve
December 15	<b>“be in the room”</b>	Not sure who to credit....I think Nina Haft
December 16	<b>lengthen + arc</b>	Tammy Cheney
December 17	<b>whole body commitment</b>	Tammy Cheney
December 18	<b>meander</b>	
December 19	<b>intersubjectivity</b>	
December 20	<b>preparing</b>	

# 365 Dance: December

Words documented in December 2014 by Jill Randall

<b>Date</b>	<b>Word(s)</b>	<b>Inspiration</b>
December 21	<b>giving</b>	Ramona Kelley performing in the Oakland Ballet's <i>Nutcracker</i>
December 22	<b>expansiveness</b>	Nina Haft
December 23	<b>improv as process</b>	
December 24	<b>recuperation</b>	
December 25	<b>play with</b>	
December 26	<b>suspend vs. balance</b>	Gregg Bielemeier
December 27	<b>pendulum</b>	Gregg Bielemeier
December 28	<b>find it</b>	Randee Paufve
December 29	<b>"Feel the weight of your head, AND see the space."</b>	Nina Haft
December 30	<b>find the ground</b>	Abigail Hosein

# 365 Dance: December

Words documented in December 2014 by Jill Randall

<b>Date</b>	<b>Word(s)</b>	<b>Inspiration</b>
December 31	motivation	

---