

365 Dance: May

Words documented in May 2015 by Jill Randall

Date	Word(s)	Inspiration
May 1	discipline	Focus, work, working hard, consistency, commitment
May 2	knees	Randee Paufve's rehearsal..... Softening, awareness, bend
May 3	"This is possibility."	Quoting Randee Paufve
May 4	divided time	Jennifer Senior's book <i>All Joy and No Fun</i>
May 5	pathway	
May 6	new dance relationships	
May 7	how to approach criticism	
May 8	openness	
May 9	feet @ the edge	Rehearsing Randee's solo
May 10	setting goals	Goals - in relation to upcoming performances
May 11	"precision is beautiful"	Quoting Randee Paufve
May 12	exertion/recuperation	
May 13	water like	Mo Miner's class. Talking about quality, fluidity, connections
May 14	self care	
May 15	honor our teachers	
May 16	What is success?	
May 17	"See the choreography... not just go into habits."	Randee Paufve's class
May 18	"find depth in simplicity"	Randee Paufve's class

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May 19	NOW	
May 20	humor	
May 21	too much	
May 22	towards performance	
May 23	bare bones performances	What constitutes "bare bones" these days?
May 24	share the stage	Paufve Dance performance @ Bare Bones (alongside the Shawl-Anderson Youth Ensemble)
May 25	process	
May 26	daily practice	
May 27	head/tail	
May 28	colleagues	
May 29	compassion	
May 30	performance studies	
May 31	applying corrections	