

Monday

6am-8am get kids
fed and off to school
15min drive
leave at 9 to teach prek
residency 9:30-10:30

30min drive
11:00-1:30 Company
Rehearsal

1:30-3:30 get son from
school, lunch, prepare fo evening
classes

3:30-4:30 carpool
daughter to dance class

5:30to7:45pm teach

9pm dinner

10pm kids to bed
prepare lessons for
next day.
12 am bed

Tuesday

same

coffee, check emails
shower, prep for class
10:00 leave for VSU
45min drive
11:20-12:50 teach
intro to modern at VSU

lunch,at home with son
prep for evening classes
check email

3:30-4:30 carpool
daughter to dance class

5:30-8 teach in Chester
(40min drive)
9:30 dinner

kids to bed, check homework
do mfa homework

bed (sometimes at 11:30)

Wednesday

same

teach reside

11-1:30 Cor
Rehearsal

get son from
lunch, prep
check email

4-6:30 coac
at tucker

pick up son

7-9 work on
check email
while waitir
to end
9:30 home
11 bed ever

	<u>Thursday</u>	<u>Friday</u>	<u>Sat</u>
	same	same	8am & 11am and hubby
ency	coffee, check emails review notes or homework 10am leave for VSU 45min drive	residency for pre-k Bone for life class 11-12:30	10 -12:30 di dance rehear
mpany	11:20-1:50 teach VSU	1:30 pick up son and hang out til 2:30	lunch at 2 home for hc
n school for evening l	lunch at home with son and hubby	home to check emails review week with son and hubby check on weekend calendar	work on sev MFA distanc work on ch all classes a review sche
ch dance team	4-6:30 coach dance team post practice wrap up with team captains	3:30 carpool for daughter to dance class	performanc 5:30 Off
from Kung Fu	run any store errands home by 8pm	5-8 teach 9 home	FAMILY TIM FAMILY TIM FAMILY TIM
1 lesson plans ls, mix music ing for daughter's class	8:30 dinner 10 kids to bed	whatever I want to do usually dinner, a silly show and hang with family	FAMILY TIM FAMILY TIM FAMILY TIM FAMILY TIM
and dinner rybody!	review lesson plans music, check email, bed		FAMILY TIM FAMILY TIM

Sunday

sleep in

m soccer

daughter
arsal

11am brunch

housework
wing projects
ce homework
oreography for
nd dance team
chedule for company
ces following week

2-6 teach
master class and
choreography for
competition team in
Petersburg

7pm dinner
8 pm prep for next week

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all in bed by 10pm