

You Choose

A movement poem for April 15, 2020 by Jill Randall

Here
is an order
a suggestion
an offering

You might
like it
take it
run with it

Or,
please,
mix it
up.
Cross out words +
edit it down.

Let's not be
so...
bound.

walk
pause
soften
buckle
shift
reset
pivot
walk
jog
slide
shift
dodge
look
decelerate
stop